



THE NORTH FACE SKI CHALLENGE PRESENTED BY GORE-TEX FROM THE 27TH TO THE 29TH OF MARCH 2009

THE NORTH FACE SKI CHALLENGE IN VAL THORENS IS THE FINALE OF ONE OF THE MOST IMPORTANT FREESKI COMPETITIONS FOR YOUNG PEOPLE IN EUROPE.

A MIX OF FREERIDE AND FREESTYLE WITH, THIS YEAR, A "MOUNTAIN SAFETY DAY": AN EDUCATIONAL PROGRAMME ON THE PREVENTION OF THE RISKS IN THE MOUNTAIN ENVIRONMENT, COMPULSORY FOR ALL THE PARTICIPANTS.

THURSDAY, MARCH 26th

10AM/10PM - Riders arrival and registration

FRIDAY, MARCH 27th - « MOUNTAIN SAFETY DAY »

9AM/1PM – Snow workshops:

- **Workshop A** : Mountain reading and dangers
- **Workshop B** : **First aid** – Resuscitation and first aid workshop (Bernard FONTANILLE who is an accident and emergency doctor in Chamonix will be our provider on the snow)
- **Workshop C** : **ARVA**: Avalanche rescue Park
- **Workshop D** : **RECCO**: reflectors search under the snow and victims localization

2PM/4PM – Training in the Val Thorens Park

5PM – Prize Ceremony « Mountain Safety Day »: The winners will receive a full kit with ARVA, RECCO, shovel, drill, backpack with the name of the event and several dorsal protections POC.

6PM – Press Conference – Forum Joseph Fontanet.

SATURDAY, MARCH 28th - FREERIDE DAY

9AM/3PM – Riders will take at least 2 runs, in a non- groomed, unprepared and uninspected terrain.

7PM – Acoustic Concert: Rob SAWYER (Australia)

SUNDAY, MARCH 29 - FREESTYLE DAY

9AM/11AM: Training in the Val Thorens Park

11AM/3PM: Riders will take 2 runs in the Val Thorens Park

4PM – Jury

5PM – Awards Ceremony – Forum Joseph Fontanet.

6PM/7PM - Interview session with the winners.

For further information:

Val Thorens Tourism Office

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